



TEAM PRACTICE



"Global Squad is not just a camp, it is a lifestyle. Global Squad is a step closer to the next level. It teaches work ethic, toughness, and skills to reach your potential."

- Zack Shaw (Washington College '18)

Practices are run by our elite coaching staff & modeled after college programs. Practices are tough & extremely intense.

Our objective is to make each practice & each drill as challenging as possible to stress our players mentally & physically. This way they are prepared for the challenges of each tournament.

Practice is vital to help maximize recruiting opportunities. We get our players ready to execute on offense, play tough defense, and do the "little things" to help the team while college coaches are watching.

