

STRENGTH COACHES



The best equipment in the world doesn't mean a thing without good instruction & coaching. Global Squad's strength coaches are two of the best in the world.



CHRIS GORRES

Trainer Gorres has a masters degree in Exercise Science & Strength Training from Columbia University.

Gorres trains high level NBA prospects, including Jayson Tatum.

Gorres trains many elite NFL players, including Ryan Kerrigan.

Gorres trains top US Women's Soccer players, including Ali Krieger.

Gorres is regarded by many to be one of the top strength & athletic trainers in the world.



MARK CARON

Coach Caron has a masters degree in Human Movement & Science from the University of the Philippines Diliman.

Caron teaches a masters course in Human Movement & Functional Strength in the Philippines.

Caron is the performance coach for the NU Bulldogs, a pro basketball team in the Philippines.

Caron is the strength & conditioning coach for Loyola Meralco Sparks, a pro football team in the Philippines.